

Weather Together

EMERGENCY FRIDGE GUIDE | Keep visible and easy to read.

999 immediate danger | **111** urgent NHS help | **105** power cuts

FLOODS

- Follow flood warnings and evacuation instructions. Move to safety early.
- Never walk, drive or cycle through floodwater.

EXTREME HEAT

- Shade sunny windows; ventilate when cooler outside. Drink regularly.
- Move to a cooler place, cool skin with water, check people at risk. Seek urgent help for heat illness.

STORMS / POWER CUTS

- Keep away from fallen cables, trees and damaged buildings.
- Use torches, conserve phone battery and listen to a battery/wind-up radio.
- Never use barbecues, camping stoves or fuel generators indoors.

SNOW / SEVERE COLD

- Wear layers; use blankets, curtains and draught excluders without blocking ventilation.
- Avoid hazardous journeys. Check neighbours safely.

TRAVEL / VEHICLE KIT

- Check fuel or EV charge, tyres, lights and travel warnings.
- Car kit: torch, hi-vis, warm clothes/blanket, water, snacks, first aid, charger and written contacts.
- Do not enter floodwater; avoid unsafe roads or cycling conditions.

Our household plan

Write essential contacts here. Keep sensitive details in the separate, securely stored household plan.

PEOPLE

Household contact _____

Neighbour / buddy _____

Out-of-area contact _____

WHERE TO GO

Meeting point _____

Alternative safe place _____

FIND OUR BAGS

1 Documents (secure) _____

2 Medication / care _____

3 Portable essentials _____

4 Optional holdall _____

PREPARE NOW

- Home supplies: at least 72 hours of drinking water, ready-to-eat food and hygiene essentials; plan for longer if needed.
- Keep cash, torch, radio, batteries and power bank. Write down contacts and radio frequencies.
- Check medication, children, pets, disability needs and neighbour arrangements.
- Know how to isolate utilities if instructed and safe. Never delay escape from a fire to collect bags.

OFFICIAL ADVICE

prepare.campaign.gov.uk | gov.uk/check-flooding | metoffice.gov.uk

Cllrs Wisdom & Carole Da Costa | Independent community preparedness initiative. Not yet reviewed or endorsed by RBWM.